



A MINUTE OF HEALTH WITH CDC

Battling the Bugs

Get Smart About Antibiotics Week - November 15-21, 2010

Recorded: November 16, 2010; posted: December 2010

This program is presented by the Centers for Disease Control and Prevention. CDC — safer, healthier people.

One of the most important medical developments in modern times is the discovery of antibiotics. Unfortunately, the bugs they are designed to fight have learned to fight back. Many forms of bacteria are becoming resistant to certain antibiotics, so even the most common infections can become life-threatening. Part of the problem is overuse. Antibiotics are often unnecessarily prescribed by health care providers or requested by patients. To slow the advancement of drug-resistant bugs, scaling back the use of antibiotics is critical. Both providers and patients should seriously consider the necessity of an antibiotic before it's prescribed or taken.

Thank you for joining us on *A Minute of Health with CDC*.

For the most accurate health information, visit www.cdc.gov or call 1-800-CDC-INFO, 24/7.